CSET: Health Science consists of three separate subtests, each composed of both multiple-choice and constructed-response questions. Each subtest is scored separately.

The structure of the examination is shown in the table below.

<table>
<thead>
<tr>
<th>Subtest</th>
<th>Domains</th>
<th>Number of Multiple-Choice Questions</th>
<th>Number of Constructed-Response Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Foundations of Health Education</td>
<td>10</td>
<td>1 extended</td>
</tr>
<tr>
<td></td>
<td>Human Growth and Development</td>
<td>10</td>
<td>none</td>
</tr>
<tr>
<td></td>
<td>Chronic and Communicable Diseases</td>
<td>20</td>
<td>1 short (focused)</td>
</tr>
<tr>
<td></td>
<td><strong>Subtest Total</strong></td>
<td><strong>40</strong></td>
<td><strong>1 extended</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>1 short (focused)</strong></td>
</tr>
<tr>
<td>II</td>
<td>Nutrition and Fitness</td>
<td>15</td>
<td>1 short (focused)</td>
</tr>
<tr>
<td></td>
<td>Mental and Emotional Health</td>
<td>10</td>
<td>none</td>
</tr>
<tr>
<td></td>
<td>Alcohol, Tobacco, and Other Drugs</td>
<td>15</td>
<td>1 extended</td>
</tr>
<tr>
<td></td>
<td><strong>Subtest Total</strong></td>
<td><strong>40</strong></td>
<td><strong>1 short (focused)</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>1 extended</strong></td>
</tr>
<tr>
<td>III</td>
<td>Family Life and Interpersonal Relationships</td>
<td>15</td>
<td>1 short (focused)</td>
</tr>
<tr>
<td></td>
<td>Consumer and Community Health</td>
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</tr>
<tr>
<td></td>
<td>Environmental Health</td>
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<td>none</td>
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<tr>
<td></td>
<td><strong>Subtest Total</strong></td>
<td><strong>40</strong></td>
<td><strong>1 short (focused)</strong></td>
</tr>
</tbody>
</table>
Annotated List of Resources for CSET: Health Science

This list identifies some resources that may help candidates prepare to take CSET: Health Science. While not a substitute for coursework or other types of teacher preparation, these resources may enhance a candidate's knowledge of the content covered on the examination. The references listed are not intended to represent a comprehensive listing of all potential resources. Candidates are not expected to read all of the materials listed below, and passage of the examination will not require familiarity with these specific resources. A brief summary is provided for each reference cited. Resources are organized alphabetically and by content domain order in subtest order.

Foundations of Health Science


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This book provides information about a history of health education, how to plan for instruction, philosophy and theory application, use of the Internet, minority health, and special challenges.


This text provides an overview of the effectiveness of coordinated school health programs. It provides frameworks for coordinated school health programs and includes state and national roles in school health programs.


The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This book is an excellent teaching reference that gives a general overview of all nine domains.
Human Growth and Development


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text provides comprehensive health instruction with frequent life skills practice to promote wellness.


The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This program provides comprehensive content, design, and real-life applications. It is a great general resource for all domains.


This book is an excellent teaching reference that gives a general overview of all nine domains.

Chronic and Communicable Diseases


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text discusses community health concepts, disease, epidemiology, population health, diversity issues, environmental health, and a variety of other pertinent topics.

The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This program provides comprehensive content, design, and real-life applications. It is a great general resource for all domains.


This book is an excellent teaching reference that gives a general overview of all nine domains.

**Nutrition and Fitness**


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text gives a general overview of topics such as consumer health issues, health care, nutrition, and fitness.


This text discusses community health concepts, disease, epidemiology, population health, diversity issues, environmental health, and a variety of other pertinent topics.


The authors give excellent coverage of the fundamentals of human nutrition and provide an overview of language acquisition theories, linguistics, contrastive analysis, and communicative competence.


This book is an excellent teaching reference that gives a general overview of all nine domains.
Mental and Emotional Health


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text is an excellent reference for emotional health and psychological wellness.


The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This program provides comprehensive content, design, and real-life applications. It is a great general resource for all domains.


This book is an excellent teaching reference that gives a general overview of all nine domains.

Alcohol, Tobacco, and Other Drugs


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text provides comprehensive health instruction with frequent life skills practice to promote wellness.


This program provides comprehensive content, design, and real-life applications. It is a great general resource for all domains.

The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


The authors give an overview on the impact of tobacco, alcohol, and other drugs on society.


This book is an excellent teaching reference that gives a general overview of all nine domains.

Family Life and Interpersonal Relationships


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


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Consumer and Community Health


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The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This book is an excellent teaching reference that gives a general overview of all nine domains.

Environmental Health


This book is especially adept at addressing coordinated school health, health issues facing students, and strategies for the classroom teacher.


This text discusses community health concepts, disease, epidemiology, population health, diversity issues, environmental health, and a variety of other pertinent topics.

This program provides comprehensive content, design, and real-life applications. It is a great general resource for all domains.


The authors provide extensive and complete information on coordinated school health, comprehensive health education, health content in mental health, family and social health, and other health education topics.


This book is an excellent teaching reference that gives a general overview of all nine domains.